

# Noshes

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EVERYTHING PRETZEL STICKS — \$8  
Citrus Mustard Dip

HAND CUT FRIES | SWEET POTATO FRIES — \$4

ZUCCHINI FRIES — \$6  
Sun-dried Tomato Vinaigrette

BEER BATTERED ONION RINGS — \$5

CHICKEN FINGERS — \$7  
BBQ | Buffalo | Honey Mustard

## Salads

Champagne Vinaigrette, Balsamic Vinaigrette,  
Creamy Dill Ranch, Russian, Creamy Maple,  
Sun-dried Tomato Vinaigrette, Honey Mustard

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FRESCAFE SALAD — \$10

Organic Baby Field Greens, Cherry Tomatoes,  
Cucumber, Diced Shallot  
Balsamic Vinaigrette

SPINACH & GOAT CHEESE SALAD — \$14

Organic Baby Spinach, Apples,  
Pickled Red Onion, Figs, Candied Walnuts,  
Fried Goat Cheese Balls, Creamy Maple Dressing

COUNTRY COBB SALAD — \$16

Organic Mixed Greens, Tomato, Cucumber,  
Avocado, Hard Boiled Egg, Bacon, Cheddar  
Choice of Crispy or Grilled Chicken  
Creamy Dill Ranch Dressing

MEDITERRANEAN SALAD — \$13

Organic Mixed Greens, Roasted Red Peppers,  
Black Olives, Capers, Feta,  
Hot Calabrese & Peppered Salame,  
Sun-dried Tomato Vinaigrette

- Add Grilled or Crispy Chicken 5 -

- Healthy Egg Salad 5 -

## Grilled Cheeses

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ALL AMERICAN — \$9

American Cheese, Sourdough Bread

SWISS GRILL — \$11

Swiss, Tomato, Ancient 9 Grain Bread

CHEDDAR & BACON — \$12

Cheddar Cheese Blend, Applewood Smoked Bacon  
Sourdough Bread

MARGHERITA — \$12

Fresh Mozzarella, Sun-dried Tomato  
Basil Pesto, Sourdough Bread

- Add: Prosciutto \$2 -

## Sandwiches

All Sandwiches served with Side Salad  
Substitute French Fries, Sweet Potato Fries \$2  
Soup, Onion Rings, Zucchini Fries, \$3

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HEALTHY EGG SALAD — \$11

Avocado, Shallot, Lemon Juice, Fresh Dill,  
Lettuce, Tomato, Sourdough Toast  
(No Mayo!)

REUBEN — \$12

Corned Beef, Swiss, Sauerkraut,  
Russian Dressing on Grilled Rye Bread

CUBAN — \$12

Slow Roasted Pork, Ham, Swiss,  
Whole Grain Mustard, Dill Pickle  
On Pressed Ciabatta Bread

SOUTH PHILLY — \$12

Slow Roasted Pork, Wilted Garlic Spinach,  
Provolone, Garlic Aioli, Ciabatta Roll

SMOKEHOUSE BLT — \$11

Applewood Smoked Bacon, Butterhead Lettuce,  
Tomato, Mayo, Ancient 9 Grain Toast  
Add Avocado - \$1.5

GRILLED CHICKEN CLUB — \$12

Grilled Marinated Chicken, Butterhead Lettuce,  
Tomato, Bacon, Garlic Aioli, Ancient 9 Grain Toast

PESTO CHICKEN PANINI — \$12

Grilled Chicken, Roasted Red Peppers,  
Fresh Mozzarella, Garlic Aioli, Basil Pesto,  
Ciabatta Bread

THE BEYOND BURGER — \$13

Beyond Meat Veggie Pattie,  
Pepper Jack, Lettuce, Tomato, Avocado,  
Sriracha Aioli, Brioche Bun

SMOKEHOUSE TURKEY SANDWICH — \$13

Boar's Head PitCraft Smoked Turkey,  
Cheddar Cheese, Bacon, Fried Onion Rings,  
Pickles, BBQ Sauce, Brioche Bun,  
Served with Side Salad

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness\*