

NOSHES

EVERYTHING PRETZEL STICKS 8

– Citrus Mustard Dip –

FRENCH FRIES 5

CHICKEN FINGERS 7

– BBQ | Buffalo | Honey Mustard –

BEER BATTERED ONION RINGS 6

– Russian Dip –

SWEET POTATO FRIES 5

– Maple Aioli –

SANDWICHES

All Sandwiches served with Side Salad
Substitute French Fries, Sweet Potato Fries \$3
Soup, Onion Rings, \$4

HEALTHY EGG SALAD 12

– Avocado, Onion, Lemon Juice, Fresh Dill,
Lettuce, Tomato, Sourdough Toast
(No Mayo!) –

SMOKEHOUSE BLT 12

– Applewood Smoked Bacon, Butterhead Lettuce,
Tomato, Mayo, Ancient 9 Grain Toast
Add Avocado - \$1.5 –

GRILLED CHICKEN CLUB 13

– Grilled Marinated Chicken, Butterhead Lettuce,
Tomato, Bacon, Garlic Aioli, Ancient 9 Grain Toast –

PESTO CHICKEN PANINI 14

– Grilled Chicken, Roasted Red Peppers,
Fresh Mozzarella, Garlic Aioli, Basil Pesto,
Ciabatta Bread –

CUBAN 13

– Slow Roasted Pork, Ham, Swiss,
Whole Grain Mustard, Dill Pickle
On Pressed Ciabatta Bread –

SOUTH PHILLY 13

– Slow Roasted Pork, Wilted Garlic Spinach,
Provolone, Garlic Aioli, Ciabatta Roll –

REUBEN 14

– Corned Beef, Swiss, Sauerkraut,
Russian Dressing on Grilled Rye Bread –

MARINATED PORTOBELLO BURGER 13

– Balsamic Marinated Portobello Mushroom,
Spinach, Roasted Red Pepper, Provolone,
Pesto Aioli, Brioche Bun –

THE BEYOND BURGER 14

– Beyond Meat Veggie Pattie,
Pepper Jack, Lettuce, Tomato, Avocado,
Sriracha Aioli, Brioche Bun –

GRILLED CHEESES

ALL AMERICAN 11

– American Cheese, Sourdough Bread –

CHEDDAR & BACON 12

– Cheddar Cheese Blend, Applewood Smoked Bacon
Sourdough Bread –

SWISS GRILL 12

– Swiss, Tomato, Ancient 9 Grain Bread –

MARGHERITA 13

– Fresh Mozzarella, Sun-dried Tomato
Basil Pesto, Sourdough Bread –
» Add: Prosciutto \$2 »

SALADS

Champagne Vinaigrette, Balsamic Vinaigrette,
Creamy Dill Ranch, Russian, Creamy Maple,
Sun-dried Tomato Vinaigrette, Honey Mustard

FRESCAFE SALAD 11

– Organic Baby Field Greens, Cherry Tomatoes,
Cucumber, Diced Shallot
Balsamic Vinaigrette –

SPINACH & GOAT CHEESE SALAD 15

– Organic Baby Spinach, Beets, Pears,
Pickled Red Onion, Candied Walnuts,
Fried Goat Cheese Balls, Champagne Vinaigrette –

COUNTRY COBB SALAD 16

– Organic Mixed Greens, Tomato, Cucumber,
Avocado, Hard Boiled Egg, Bacon, Cheddar
Choice of Crispy or Grilled Chicken
Creamy Dill Ranch Dressing –

MEDITERRANEAN SALAD 14

– Organic Mixed Greens, Roasted Red Peppers,
Black Olives, Capers, Feta,
Hot Calabrese & Peppered Salame,
Sun-dried Tomato Vinaigrette –

» Add Grilled or Crispy Chicken Bites 5 »
» Healthy Egg Salad 5 »

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness